

Gentle Yoga on the Big Island

with Devorah Blum, December 1- 7, 2013



Enjoy a relaxing yoga vacation on the Big Island of Hawaii!

This six day retreat costs \$1200 and includes:

- Six nights at the Kalani Retreat Center (double occupancy)
- Two yoga classes daily
- Three healthy delicious meals daily
- Use of Kalani facilities: swimming pool, warm pool, jacuzzi, sauna, reading rooms, volley ball, lawns and trails
- Time for excursions to explore stunning sights and activities nearby including black sand beaches, warm pools, lava hikes, waterfalls, snorkeling and much more!

Deposit to hold your spot is \$400. The full balance will be due September 1.

Not included in your package: Airfare and transport from airport to Kalani Retreat Center.

Devorah Blum, owner of Yoga Studio Ganesha in Sebastopol, CA, became a dedicated yoga student in 1975. Devorah is mainly influenced by the Iyengar tradition and spent time in India studying with the Iyengar family. She is also a certified Restorative Yoga teacher. Her depth of understanding of the postures along with her attentiveness, compassion, and sensitive guidance allow her to inspire and nurture each student.

For more information and registration, call Devorah at (707) 824-1198

Or visit www.yogastudioganesha.com

To learn more about Kalani Retreat Center, visit www.kalani.com